

# 1 Wrap Cross Carry<sup>®</sup>

Age: from birth wrap sling size: from size 6

This variation of the "Wrap Cross Carry" can be tied before you put your baby in the baby wrap, and you can leave it tied when you take your baby out again. A useful carry when you are out and about.

## VARIATION



1 Place your **DIDYMOs** wrap sling around your waist.



2 Cross the tails behind your back and bring them over your shoulders, back to the front.



3 From the top, tuck the wrap tails behind the waist band which should still be quite loose. The tails should now hang down, underneath the front band.



4 Cross the tails at your chest, still keeping them behind the front band. Practice will teach you how tightly to tie the wrap sling.



5 Now, bring the tails to your back and tie.



6 Pull the cross down to your belly. This is where your baby will sit.



7 Rest your baby on your shoulder and let him/her slide down so he/she is straddling the inner diagonal fabric strap, ...



8 ... then - changing shoulders - continue by lowering baby into the outside diagonal strap.



9 Guide baby's feet down underneath the horizontal fabric strap.



10 Spread the diagonal fabric straps out over your baby's back, first the inner strap, then the outer one, spreading each of them from the back of one knee to the other.



11 Finally pull the horizontal fabric strap up over baby's back: make sure that the lower fabric edge will be in the back of baby's knees and that the hem is rolled in.



12 If your baby is very little you can support the head securely with one of the fabric straps resp. bands.



13 All three fabric straps should be spread from the back of one of your baby's knees to the other. Position your baby correctly by pushing her legs up.



14 When you take your baby out again, pull off the fabric in reverse order while holding your baby securely.

## TIP

> When you use this "Wrap Cross Carry" to carry a little baby, midwives recommend to spread the fabric of the horizontal band completely over baby's feet. This will help to soothe very restless babies providing a familiar feeling of limitation and closeness.

## NOTE

> There have been discussions saying that three bands of fabric might put too much strain on baby's spine. Due to their special weave and inherent diagonal stretch, DIDYMOs Baby Wraps are ideal to support the rounded back of your baby when held in the spread-squat-position, no matter if there are one or three fabric layers to embrace baby's back.