

5 Hip Carry DIDYMOS HIP CROSS CARRY

Age: about twelve weeks wrap sling size: from size 3

Experiment with the different Hip Carries (five) described in this booklet and find out which suits you and your baby best and, which makes you feel secure. All Hip Carries described will support and hold your baby in the anatomically correct position: legs up and straddled, bottom down.

VARIATION 1



1 Lay your **DIDYMOS** sling over your shoulder, with the middle marker at your shoulder..



2 Cross the tails on the opposite hip, with the tail in the front crossing under the tail coming from behind.



3 Bring them across your waist to the other hip where you tie them ...



4 ... with a reef knot or an adjustable sailor's knot.



5 Put your baby into the cross by supporting her against your free shoulder with one hand and using your free hand to pull first one leg, ...



6 ... then the other through the cross.



7 Spread the sling by first stretching the inner cross out over your baby's back, ...



8 ... and then the outer one. Both bands of fabric have to reach from the back of one of his knees to the other. Always keep a good hold of your baby until you have



9 Lastly, flip the top rail (next to your neck) over the lower rail and down over your upper arm, ...



10 ... so that your child is sitting nice and snug on your hip with his legs correctly straddled.

ANOTHER OPTION: THE DIDYSLING®

Quick and easy to use, the **DidySling** is comfortable while working at home or in the garden. It folds up to conveniently fit into a bag and is very quick to put on when needed. It adjusts to many positions: small children are held in a lying or upright front position, while older babies up to 3 years, are carried in a hip or back position.

Made from the same fabrics like the DIDYMOS Baby Wrap Slings, it provides optimal security and carrying comfort.

The **DidySling** is manufactured in Germany and you can choose from a wide variety of fabrics, patterns and colours.

www.didymos.com

