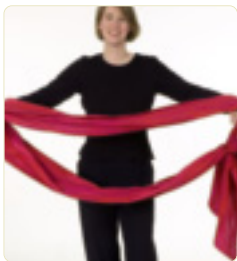


3 The Cross Carry

Age: eight to ten weeks wrap sling size: from size 5

A tying variation - the result is the same (basic instruction page 19).

VARIATION 2



1 Tie the ends of your **DIDYMOS** sling together – preferably with the adjustable sailor's knot ...



2 ... - and twist the loop into a figure of eight - first one turn ...



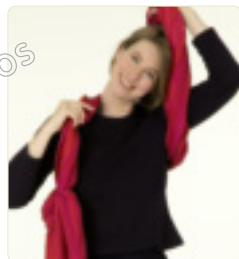
3 ... then again one more turn.



4 Put on this "eight"...



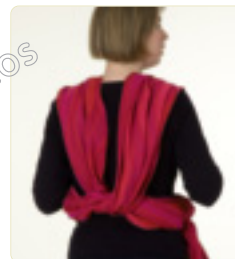
5 ... like a rucksack or a jacket.



6 Now cross the sling in front of your chest by first pulling one ...



7 ... and then the other loop over your head.



8 The knot is now at your side, at the height of your waist.



9 Grasp the fabric cross and, with both hands, pull it down in front of your chest. Make sure not to twist the fabric.



10 Now continue as described before: Lean your child against your shoulder holding him/her with one hand. With your free hand you pull baby's leg through under one fabric strap.



11 Change shoulders and do the same with the other leg so that your child will sit on the fabric cross.



12 Finally spread the fabric straps across your child's back and under his/her bottom as already described before.

TIP

> It's only with the **first tying** that you have to find out **the fit** that suits you best. Then follow the instructions in the reverse order when you take the sling off. You can leave it tied as an "eight" - ready to wear for the next time.



> If your child is still very little you can fold the fabric on your shoulder inside to make sure it will not slip away.