

3 Cross Carry[®]

Age: eight to ten weeks wrap sling size: from size 5

This Cross Carry, developed by DIDYMOS, is recommended by experts as it optimally supports and holds your baby's legs in the correct spread-squat-position. You tie the cross carry before you put your child into it. You can keep it on when you take your baby out from time to time.

INSTRUCTION



1 Lay your **DIDYMOS** sling over your shoulders so that there is a loop behind your back (reaching down to your waist) ...



2 ... and so that one sling end is about 30 cm longer than the other. Now cross the longer end over the shorter one, ...



3 ... lead it to your back ...



4 ... and pull it through the loop on your back.



5 Take the shorter sling end and ...



6 ... tie both ends together at your side with a flat reef knot or an adjustable sailor's knot.



7 Take the fabric cross with both hands and pull it down.



8 Lean your baby against your shoulder supporting baby with one hand and, with your free hand, pull baby's leg out through one of the fabric straps.



9 Now change shoulders and do the same with the other leg through the other fabric strap.



10 Hold your baby securely until you have stretched the fabric over its back.



11 First the inner fabric width, then the outer one each of them reaching from one back of baby's knees to the other.



12 Check if your baby is sitting closely snug against your body – otherwise adjust the knot to be tighter.



13 Either spread the fabric widely over your child's back up to the neck or, if the child is older, leave both arms free.

TIP

Spread both fabric bands wide enough to be sure the fabric supports baby's bottom and legs up to the knees.

Supported in this way, baby can adopt the anatomically correct spread-squat position. Placed in a front carry, your baby should always be seated belly to belly, NEVER facing outwards. If you feel your baby wants to have a better view, settle him/her in a hip or rucksack carry.

These carries make sure that your baby is held in the optimal spread-squat-carry.