

6 Double Hammock

Age: from 4-5 month on wrap sling size: from size 6

The Double Hammock Carry is a very comfortable and secure carrying position, however, requires some practice. While tying this variation of the back carry, you may need the assistance of another person, at least in the beginning. You baby should already have good head control when using this carrying position.

INSTRUCTION



1 Place baby on your hip and put the wrap around her/him. Lead the rear part of the wrap across your back and up over the opposite shoulder.



2 Next, slide your baby around onto your back while you pull on the end hanging down in front of you. Make sure your child is sitting deep in the wrap.



3 Hold your baby securely with one hand. The center label (mein Mittelpunkt) should be near your hip.



4 While you cross the ends of the wrap make sure that the fabric lies flat on your chest.



5 Now hold one wrap end (the end that is over your shoulder) securely between your knees ...



9 Pull up on both ends to tighten the wrap ensuring the fabric is smooth and snug around baby's back.



10 Bring both ends over each of your shoulders to the front ...



11 ... and pass them under your arms. Then lead the ends over baby's legs, behind your back. Be sure to always hold the ends securely.



12 Cross bothe wrap ends under your baby's bottom ...



13 Tie the ends, to finish.

TIPP

Lean forward while you keep your back straight and settle your baby in the optimal position.





6 ... while you lead the other end behind your back and under baby's bottom.



7 Spread the end coming from your front ...



8 ... wide across your baby's back.



14 Tie the ends, to finish.



15 Make sure your baby is sitting deep in the wrap.

