

### 3 Double Cross Carry

This carry, tied **without knots** and a flat fabric cross on your back, is very comfortable to wear, especially when you want to lean back comfortably.

#### VARIATION 1



1 Bring your **DIDYMOS** sling around your waist from behind with the middle marker in the middle of your back.



2 Cross the tails in front of your chest without twisting them and ...



3 ... bring them over your shoulders to your back.



4 Cross the tails again and bring them to your front.



5 Now bring the tails up through the fabric bands at your sides. >>



9 Switch shoulders and do the same thing with the other leg and the outer cross.



10 Now spread both crosses under your baby's bottom and across his back. Start with the inner cross, ...



11 ... then spread the outer one - each of them should reach from the back of one of your baby's knees to the other.



12 Push his feet up slightly to make sure he is in the perfect frog-leg position.



13 To get a perfect and tight fit, grasp the rails on each side and push your elbows against the fabric. >>

#### TIP

- > During the cold season you can keep your baby nice and warm by wearing it under a warm coat, our **DIDYMOS** parents&child jacket or by covering it with our **BabyDos**. Your child is also warmed by your body - thus, do not dress your baby too warmly.

#### NOTE

- > Regularly verify if your baby's feet are still warm. Cold feet will signal you that baby feels cold.

Age: eight to ten weeks wrap sling size: from size 6



6 This will allow you to adjust the sling later on.



7 Pull the cross down with both hands.



8 Rest your baby on your shoulder and gently lower him into the inner cross, pulling his leg out through the cross with your free hand.



14 Instead of wrapping the tails around the bands at you sides (fig. 5) you can also tie them together at your side or in front of you.



15 Young babies and sleeping children often like to be wrapped up completely; the inner cross serves as a perfect head support and sun cover.



16 When your child is a bit older and wide awake, he may enjoy having his arms out in this carry.

> Carried in the baby wrap your baby is actively involved in your activities. Please **DO NOT** carry your child in a wrap or carrier when you ride a bicycle, when you are skiing, inline skating, etc.



BabyDos®



The **BabyDos** holds your baby warm in the sling and protects from cold and rain. It comes in different designs, made from pure felt or Tactel/microfiber. It straps easily around the baby car seat.

For more information see our website  
[www.didymos.com](http://www.didymos.com)